



Your Nighttime
Renewal Serum

Glowé R

The Ultimate Glow Guide
Akeva Skincare



Welcome to Your Glow Ritual

You're about to begin a skin renewal journey. Glowé R is a gentle yet powerful retinol serum that smooths fine lines, clears breakouts, and refines skin texture while you sleep. Let this guide show you how to use it the right way for glowing results — without the guesswork.

01 Why You'll Love Glowé R

- Fades fine lines and early wrinkles
- Speeds up skin cell turnover
- Clears clogged pores and breakouts
- Smooths rough texture and acne scars
- Supports firmer, younger-looking skin



GLOW TIPS BY AKEVA

Start slow: 2x/week, then build to every other night

Always use SPFée the next morning — retinol increases sun sensitivity

If irritation occurs, buffer with moisturizer before applying serum

02 How to Use Glowé R

- Use only at night, 2–3 times a week to start
- Apply 1–2 drops to clean, dry skin
- Follow with a moisturizer to avoid dryness
- Use SPF daily during the day (very important!)

⊘ Don't mix with AHAs, BHAs, Vitamin C, or exfoliants on the same night.

What to Expect

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Week 1 – Skin may feel dry or tight (normal)

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Week 2–3 – Texture starts to smooth

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Week 4+ – Clearer skin, faded spots, soft glow

Akeva's Promise

Glowé R is:

- Dermatologist-approved
- Balanced for South Asian skin
- Gentle beginner-friendly retinol
- Free from parabens, drying alcohols & fragrance
- Not tested on animals

? WILL IT MAKE MY SKIN PEEL OR PURGE?

Mild peeling or purging is normal for beginners. Stay consistent — it passes.

? CAN I USE THIS WITH VITAMIN C OR EXFOLIANTS?

Not in the same routine. Alternate days or use Vitamin C in the morning.

? IS IT PREGNANCY-SAFE?

No. Retinol is not recommended during pregnancy or breastfeeding.

? CAN I USE IT EVERY DAY?

Start slow. Daily use may come after 4–6 weeks of tolerance.

Inside the Formula

Hero Ingredients:

- Retinol (Vitamin A) – Speeds up skin renewal and fades signs of aging
- Niacinamide – Calms irritation and strengthens barrier
- Allantoin – Soothes redness and dryness
- Glycerin – Keeps skin plump and hydrated

H2O,Vitamin A,Vitamin E,Vitamin B3,Hyaluronic Acid,Retinol,MP,EDTA,Tween 20,DMDM,MPNa,P.G,W400